


Summer

Week 1

Croissants	Monday	Tuesday	Wednesday	Thursday	Friday
Morning snack	Apple & watermelon	Melon & Raspberry	Pear & Orange	Peach & Pineapple	Varied
Lunch	Cowboy casserole, with sausage, sweet potato, beans & tomatoes 2,14 Cowboy casserole with vegetarian sausages, Sweet potato, beans & tomatoes 2,13,14	Chicken curry with brown rice & spinach 9,13 Tofu curry with brown rice & spinach 9,13,12	Macaroni cheese & broccoli 2,7	Shepherd's pie with peas 2,13 Vegetarian mince shepherd's pie with peas 2,13	Salmon Fishcakes, Couscous, sauce & green beans 5,2 Cheese, onion & potato cake, couscous, sauce & green beans 7
Second course	Courgette cake & ice cream 2,7,13	Fruit crumble and custard 2,7,13	Raisin fairy cakes 2,7,14	Banana & cocoa custard 7,13	Rice pudding and fruit puree 7
Light Afternoon snack	Varied: Organix puffs & Biscotti Biscuits 2,7 				
Tea	Beef Ravioli 2,4 Vegetarian Ravioli 2,4	Fish fingers, smiley faces and vegetables 5,2 Veggie fingers, smiley faces & vegetables	Sausage Rolls and cucumber 2,14 Vegetarian sausage rolls & cucumber 2,13,14	Summer BBQ BBQ Chicken, corn on cob, pitta fingers 12,13,2 BBQ Tofu pieces, corn on the cob, pitta fingers 12,13,9,2	Spaghetti on Toast 2,13

Summer

Week 2

Crumpet	Monday	Tuesday	Wednesday	Thursday	Friday
Morning snack	Melon & plum	Pear & pineapple	Apple & Satsuma	Mango & Raspberries	Varied
Lunch	Cauliflower cheese & Sweet potato gratin 2,7	Lasagne with carrots 2,7 Vegetable Lasagne with carrots 2,7	Spanish chicken & brown rice with Mediterranean vegetables Spanish Tofu & brown rice with Mediterranean vegetables 13,12,9	Cod with new potatoes, green beans & parsley sauce 5,2,7 Quorn pieces with potatoes, parsnip & parsley sauce 2,4,5,7	Pork & apple casserole with rice and broccoli 1,2,13 Tofu & apple casserole with rice & broccoli 1,2,13,12,9
Second course	Fruit Scones 2,7	Fruit Salad & cream 7	Carrot Cake 4,2,14	Pear & Sultana slice 2,14	Bakewell Tart 2,7
Light Afternoon snack	Varied: Organix puffs & Biscotti Biscuits 2,7				
Tea	Vegetable Pasta Bake 2,7	Homemade Chicken Fingers & tomato dip with potato croquettes 2,7 Veggie Nuggets, potato croquets & homemade tomato dip 1,2,4,9,12,13	Bacon & mushroom Carbonara 2,7 Mushroom Carbonara 2,7	Savoury Muffin with Carrot Sticks 1,2,4,7,	Cheese On Toast with cherry tomatoes 2,7

Summer

Week 3

Muffin	Monday	Tuesday	Wednesday	Thursday	Friday
Morning snack	Mango & Pineapple	Pear & orange	Satsuma & Blueberries	Blackberries & apple	Varied
Lunch	Cheese & tomato pasta bake, with baby corn 2,7	Moussaka & Cauliflower 2,7 Vegetable Moussaka & Cauliflower 2,7	White Fish pie and peas 2,5,7 Tofu Pie, Mashed potato & peas 2,7,13,12,9	Chicken & broccoli pasta bake 2,7 Quorn pieces & broccoli pasta bake 2,4,7	Chilli Con Carne with rice & courgette Vegetarian Mince chilli & rice, kidney beans & courgette 2,13
Second course	Fruit Smoothie 7,13	Passion Fruit Fool 7	Orange & Oat Biscuits 2,4,14	Lemon cake & custard 2,7	Apple strudel & cream 2,7
Light Afternoon snack	Varied: Organix puffs & Biscotti Biscuits 2,7				
Tea	Homemade Turkey Goujons & Vegetable chips 2,7 Tofu Goujons & vegetable chips 2,7,13,9,12	Varied weekly Tuna & cheese pastry melts & Cheese & Marmite twists Cucumber Sticks 2,5,7 Cheese & onion pastry melt & cheese & marmite twists Carrot sticks 2,7	Homemade pizza & Vegetable sticks: <ul style="list-style-type: none"> • Cheese & tomatoes • Pineapple • Veg / onion 2,7	Jacket Potato with cheese & Beans 7	Sandwiches & Salad 2,5,7

Summer

Week 4

Toast	Monday	Tuesday	Wednesday	Thursday	Friday
Morning snack	Peach & Blueberries	Mango & Pear	Plum & Satsuma	Strawberries & apple	Varied
Lunch	Vegetable rice	Tuna Pasta bake with courgette 2,5,7 Quorn Pasta bake with courgette 2,4,7	Chicken & leek pie with new potatoes and cabbage 2,7 Tofu & Leek Pie with new potatoes & cabbage 2,7,13,12,9	Turkey meatballs with rice, carrots and gravy 1,2,13 Vegetarian Meatballs with rice, carrots & gravy 1,2,13	Spaghetti Bolognese with mushrooms 2 Vegetable ragu with spaghetti 2
Second course	Banana cake 2,7	Crushed pineapple sundae with sprinkles 7	Date & apple slice 2,14	Bread & butter pudding with cream 2,13,4,7,14	Sweet Potato Brownies 2,7
Light Afternoon snack	Varied: Organix puffs & Biscotti Biscuits 2,7				
Tea	Baked Beans & waffles 2	Shredded Chicken with Bubble & Squeak with gravy Cheese & veg bubble & squeak with gravy 7	Veggie fingers & Cheesy Garlic Bread and Broccoli 2,7	Varied Pasties: • Cheese & veg • Mince & Veg • Potato & Leek 2,7	Cream cheese bagels with apple wedges 2,7,12