Week 1-Summer

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|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Breakfast** | **Selection of cereal, porridge, or weetabix with a variety of milks or water, selection of fresh berries and bananas** |
| **Morning snack** | **Apple & watermelon** | **Melon & raspberry** | **Pear & orange** | **Peach & pineapple** | **Strawberry & mango** |
| **Lunch** | **Cowboy casserole, with sausage, sweet potato, beans & tomatoes****2,14****Cowboy casserole with vegetarian sausages, sweet potato, beans & tomatoes****2,13,14** | **Chicken curry with brown rice & spinach** **9,13****Tofu curry with brown rice & spinach****9,13,12** | **Macaroni cheese & peas****2,7** | **Shepherd’s pie with broccoli****2,13****Vegetarian mince shepherd’s pie with broccoli****2,13** | **Homemade salmon fishcakes, couscous, sauce & green beans****5,2****Cheese, onion & potato cake, couscous, sauce & green beans****7** |
| **Second course** | **Courgette cake & ice cream****2,7,13** | **Fruit crumble and cream****2,7,13** | **Raisin fairy cakes**  **2,7,14 7**  | **Bananas & yoghurt** **7,13** | **Rice pudding and fresh fruit puree****7** |
| **Light****Afternoon snack** | **Served with Milk/Water (appropriate to age and dietary requirements)** |
| **Oatcake and homemade cucumber dip**  | **Breadsticks and homemade hummus**  | **Wholemeal Pitta and vegetable sticks**  | **Toasted crumpets and fresh raspberies** | **Selection of fresh fruit** **And breadsitcks**  |
| **Tea** | **Mushroom carbonara with wholemeal pasta****2,7** | **Fish fingers, potato wedges and vegetables****5,2****Veggie fingers, potato wedges & vegetables** | **Homemade pork mince rolls and cucumber sticks****2,14****Homemade vegetarian sausage rolls & cucumber****2,13,14** | **Homemade summer BBQ chicken, corn on the cob & wholeelal pitta fingers** **12,13,2****Homemade quorn BBQ, sweetcorn & pitta fingers**  | **Spaghetti and beans in homemade tomato sauce on toast****2,13**  |

 Week 2-Summer

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|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Breakfast** | **Selection of cereal, porridge, or weetabix with a variety of milks or water, selection of fresh berries and bananas** |
| **Morning snack** | **Melon & plum** | **Apple & pineapple** | **Pear & satsuma**  | **Mango & raspberries** | **Blueberries & orange** |
| **Lunch** | **Cauliflower cheese, chickpea &** **Sweet potato gratin****2,7** | **Beef lasagne with carrots****2,7****Vegetable lasagne with lentils & carrots****2,7** | **Spanish chicken & brown rice with mediterranean vegetables****Spanish tofu & brown rice with mediterranean vegetables****13,12,9** | **Salmon with new potatoes, green beans & parsley sauce****5,2,7****Quorn pieces with potatoes, green beans & parsley sauce****2,4,5,7** | **Pork & apple casserole with rice and broccoli****1,2,13****Tofu & apple casserole with rice & broccoli****1,2,13,12,9** |
| **Second course** | **Fruit scones****2,7** | **Fruit salad & crème fraiche** **7** | **Carrot cake****4,2,14** | **Pear & sultana slice****2,14** | **Bakewell tart****2,7** |
| **Light****Afternoon snack** | **Served with Milk/Water (appropriate to age and dietary requirements)** |
| **Wholemeal pitta with homemade mango dip**  | **Toasted crumpets with red pepper hummus** | **Oatcakes with a selection of fresh vegetables and cheese sticks** | **Selection of fresh fruit, breadsticks and sour cream dip** | **Breadsticks homemade cucumber dip**  |
|  **Tea** | **Vegetable & bean pasta bake****2,7** | **Homemade chicken fingers & tomato dip with potato croquettes****2,7****Homemade veggie nuggets, potato croquettes & homemade tomato dip****1,2,4,9,12,13** | **Homemade tukey pizza pinwheels and side salad****2,7,12** | **Homemade savoury muffins with carrot sticks** **1,2,4,7,** | **Jacket potatoes with tuna and cheese** **1,2,4,7** |

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|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Breakfast** | **Selection of cereal, porridge, or weetabix with a variety of milks or water, selection of fresh berries and bananas** |
| **Morning snack** | **Mango & pineapple** | **Pear & orange** | **Satsuma & blueberries** | **Blackberries & apple** | **Raspberries & melon** |
| **Lunch** | **Cheese & tomato pasta bake, with lentils** **2,7** | **Moussaka & Cauliflower****2,7****Vegetable Moussaka & cauliflower****2,7** | **Salmon & white fish pie and peas****2,5,7****Tofu pie & peas****2,7,13,12,9** | **Chicken & broccoli wholemeal pasta bake****2,7****Quorn pieces & broccoli pasta bake****2,4,7** | **Chilli con carne with rice & courgette****Vegetarian chilli & rice, kidney beans & courgette****2,13** |
| **Second course** | **Strawberries and fromage frais****7,13** | **Passion fruit fool****7** | **Orange & oat biscuits****2,4,14** | **Lemon cake** **2,7** | **Apple strudel & cream****2,7** |
| **Light****Afternoon snack** | **Served with Milk/Oat Milk (appropriate to age and dietary requirements)** |
| **Crackers with apple and cheese slices**  | **Breadstick and homemade red pepper hummus**  | **Warm wholemeal pitta bread with homemade cucumber dip**  | **Oatcakes with vegetable sticks**  | **Fresh fruit platter and wholemeal breadsticks**  |
|  **Tea** | **Homemade turkey goujons & vegetable chips****2,7****Tofu goujons & vegetable chips****2,7,13,9,12** | **Tuna & cheese pastry melts with****cucumber sticks****2,5,7****Cheese & onion pastry melts with cucumber sticks****2,7** | **Homemade pizza & Vegetable sticks:*** **Chicken & peppers**
* **Ham & Pineapple**
* **Veg / onion**

**2,7** | **Jacket potato with cheese & reduced sugar/salt beans****7** | **Pitta pockets*** **Coronation chicken**
* **Ham & cheese**
* **Cheese, benns & tomato**

 **with salad including****lettuce, tomato, cucumber, sweetcorn, pepper** |

Week 3-Summer

 Week 4-Summer

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|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Breakfast** | **Selection of cereal, porridge, or weetabix with a variety of milks or water, selection of fresh berries and bananas** |
| **Morning snack** | **Peach & blueberries** | **Mango & pear** | **Plum & satsuma** | **Strawberries & apple** | **Pineapple, blackberries and cheese cubes** |
| **Lunch** | **Butternut squash and chickpea tagine**  | **Salmon pasta bake with courgette****2,5,7****Quorn Pasta bake with courgette****2,4,7** | **Chicken & leek pie with new potatoes and cabbage****2,7****Tofu & leek pie with new potatoes & cabbage****2,7,13,12,9** | **Turkey meatballs with rice, carrots and gravy****1,2,13****Vegetarian meatballs with rice, carrots & gravy****1,2,13** | **Spaghetti bolognaise with mushrooms****2****Vegetable ragu with spaghetti****2** |
| **Second course** | **Banana cake and custard****2,7** | **Crushed pineapple sundae with sprinkles****7** | **Date & apple slice with youghurt** **2,14** | **Bread & butter pudding with crème fraiche****2,13,4,7,14** | **Sweet potato brownies****2,7** |
| **Light****Afternoon snack** | **Served with Milk/Water (appropriate to age and dietary requirements)** |
| **Fresh fruit platter with crackers and cheese sticks**  | **Cucumber and pitta bread and tzatziki dip** | **Wholemeal muffin with pear** | **Breadstick with homemade cucumber dip**  | **Oat cake and homemade hummus dip**  |
| **Tea** | **Stuffed peppers with with couscous and chickpea and mixed vegetables in tomato sauce topped with cheese****Servied with side salad** | **Shredded chicken****with bubble & squeak with gravy****Cheese & veg bubble & squeak with gravy****7** | **Veggie fingers &****Cheesy Garlic Bread and Broccoli****2,7** | **Homemade chicken pesto pasta with veggies** **2,4** | **Varied Pasties:*** **Tuna, Cheese & veg**
* **Mince & Veg**
* **Potato, chickpea & Leek**
* **Cucumber sticks**

**2,7** |